

TOURNAMENT RULES CITY OF LAKES

All Hockey Nova Scotia. and N.S.S.A.F. rules apply

In addition:

1. Any team that does not show shall lose the game by a score of 5-0, and will be awarded 0 points. The other team will be awarded 5 points.
2. Preliminary Round Robin Games
 - Games will consist of three fifteen-minute stop time periods (flood between every 2 periods).
 - Game Win = 2 points
 - Game Tie = 1 point
 - Win the Period = 1 point
 - Tie the Period = .5 point
 - Total of 5 points per game awarded

If one team is ahead by five (or more) goals in the 3rd period, the remainder of the game will be played as straight time. If the differential falls below 5 goals at any time during the 3rd period, the game will revert back to stop time.

3. Playoff Games

Quarter Final, Semi Final and Final games will consist of three fifteen-minute stop time periods--- (flood before first and third periods). If overtime is needed in any playoff round game, a five-minute stop time sudden death periods will be played – with 3 skaters and a goalie for each team. In the case of a penalty, the non-offending team shall add a player to skate 4 on 3. Play shall remain 4 on 3 until the penalty is up and will revert back to 3 on 3 after the first whistle. Should the penalized team take an additional penalty; a second skater will be added to the non- offending team. If tied after 5 minutes, a shootout will occur with each team having three shooters. If still tied, a sudden victory shoot out shall occur. No player shall shoot a second time, until all skaters on the team have shot once.

4. Quarter Finals

The top two teams (total points) from each of the four divisions shall be the top eight seeds in the quarter finals. These eight teams will be seeded based on total points, with 1 vs 8, 2 vs 7, 3 vs 6 and 4 vs 5 in the Quarter Final round.

5. Semi Finals

The four quarter final winners will advance to the semi-finals. The seedings will be ranked according to accumulated points from the round robin, and in the case of a tie to determine ranking, refer to section 9 for tie breaking formula.

6. Tie Breaking

In the case of a tie after preliminary round robin play, the following tie breaking rules will be used:

a) If two teams are tied.....

- a. The team winning head to head
- b. The highest ratio of goals for divided by goals against in all games played
- c. The team with the least goals against in all games played.
- d. The team with the most goals scored in all games played.
- e. The team with the least penalty minutes in the games involving the tied teams.
- f. The team with the least penalty minutes in all round robin games played.
- g. The toss of a coin.

b) If more than 2 teams are tied....

- a. The highest ratio of goals for divided by goals against in all games played
- b. The team with the least goals against in all games played.
- c. The team with the most goals scored in all games played.
- d. The team with the least penalty minutes in the games involving the tied teams.
- e. The team with the least penalty minutes in all round robin games played
- f. The toss of a coin.

NOTE: ONCE THE TEAM IS ELIMINATED IN ANY OF THE ABOVE TIE BREAKING RULES, THE REMAINING TWO TEAMS POSITIONS ARE DETERMINED BY GOING BACK TO THE a) SET OF RULES....TWO TEAMS TIED....

The Home Team will wear light sweaters; Visiting Team will wear dark sweaters for all games.

7. Tournament Committee decisions shall be final.

8. Suspensions (SSNS Handbook)

ALL SUSPENSIONS ISSUED MUST BE SERVED DURING ALREADY SCHEDULED MEANINGFUL GAMES. ANY SUSPENSION RECEIVED DURING THE LAST 10 MINUTES OF A GAME CARRIES ONE (1) ADDITIONAL GAME.

2 MINUTE CFB

First Offence-	Suspension from the game being played plus two (2) games .
Second Offence-	Suspension from the game being played plus three (3) games.
Third Offence-	Indefinite suspension pending investigation. (Additional game if in the last ten minutes of play for 1st and 2nd offence)

5 MINUTE CFB

First Offence-	Suspension from the game being played plus minimum of three (3) games.
Second Offence-	Indefinite pending an investigation. (Additional game if in the last ten minutes of play for 1st and 2nd offence)

CHECKING TO THE HEAD (5 MINUTE ONLY)

First Offence-	Suspension from the game being played plus two (2) others unless it is in the last 10 minutes of the game.
Second Offence-	Suspension from the game being played plus four (4) others unless it is in the last 10 minutes of the game.
Third Offence-	Indefinite suspension pending investigation. (Additional game if in the last ten minutes of play for 1st and 2nd offence)

NSSAF Rule 25.14

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| i) Gross Misconduct- | Suspended immediately from further participation. This suspension shall be infinite pending the outcome of an investigation of the incident. |
| ii) Match- | 1st Offense Rest of game +Five (5) games
2nd Offense-Indefinite pending investigation (Min 10 games). |
| iii) Boarding - Major Penalty-- | 1st Offense– 2 games (plus rule 4.6),
2nd Offense – 3 games,
3rd Offense – indefinite when major penalty is assessed |

NOTE: Any Game Misconduct, Gross Misconduct or Match penalty sustained in the last 10 minutes of play will automatically carry an extra one-game suspension. (NSSAF 2012)

FIGHTING

First fight: Suspension from that game + three additional games (+one additional game if in the last 10 minutes of play).

Second fight: Suspension from that game + five additional games (+ one additional game if in the last 10 minutes of play).

Third fight: Suspension from league play for the remainder of the season.
Instigator/aggressor

- The instigator of the fight will receive an additional three-game suspension;
- The aggressor in the fight will receive an additional three-game suspension.
- 2nd offense instigator and/or aggressor is an indefinite suspension pending an investigation.

FIVE MINOR PENALTIES

A player receiving five minor penalties must be banished from the game. Game ejection, not a Game Misconduct. The time of the fifth penalty shall be served by the penalized team.

GAME MISCONDUCT

Assessed the first 35 minutes of play: Ejection from the game being played + one additional game*
Assessed in the last 10 minutes of play: Suspension from that game + two additional games.*
(*NOTE: Any game suspension for staff carries an automatic additional 2 game suspension.

MATCH PENALTY

Any Match Penalty involving contact is considered an attempt to injure. A minimum four (4) game suspension is required for the first offense and a second offense results in an indefinite suspension pending investigation.

NOTE: Any Game Misconduct, Gross Misconduct or Match penalty sustained in the last 10 minutes of play will automatically carry an extra one-game suspension.

OBJECTIONABLE BEHAVIOUR OR LANGUAGE (racial, cultural)

First offense- ejection from the game + next game.

Second offence-indefinite suspension

PHYSICAL ABUSE OF AN OFFICIAL

-Incidental touch, hold, or push of an official. Minimum *five (5)* games, Maximum remainder of sport season.

-Deliberate attempt to strike, trip, or contact an official in an aggressive manner. - Minimum remainder of sport season. Maximum one-year suspension from all interscholastic sport.

Student athletes reported for Physical Abuse of an official shall be suspended immediately from further participation. This suspension shall be an indefinite suspension pending outcome of an investigation of the incident. The investigation shall be conducted by the Executive Director. Member schools shall have the right to protest or appeal the decision to the Board of Governors. This protest or appeal must be initiated by the principal of the member school directly impacted. The guidelines below will be used in determining the suspension.

VERBAL ABUSE OF AN OFFICIAL

First offense- three game suspension.

Second offense- Indefinite suspension.

PROFANITY

If a student-athlete or coach is assessed an unsportsmanlike penalty for profanity, the team will be assessed a two-minute minor penalty to be served by a member of the offending team who was on the ice at the time of the infraction. The offending student-athlete or coach will be removed from the game.

First offense- ejection from game + next one.

Second offense- ejection from game plus next two.

Exception - If the profanity occurs in the last ten minutes of the game, add one more game to the above offences.

NOTE: Hockey Nova Scotia will issue a 2 minute minor penalty for Unsportsmanlike conduct + a game misconduct.